

CST-L3 Candidate Self-review

Use this form to review your professional and personal development in relation to the seven learning outcomes and your own learning objectives.

You can use this self-review as evidence for criteria.

Learning outcome 1 – Prepare to work within an ethical framework for counselling:

Learning outcome 2 – Understanding the counselling relationship:

Learning outcome 3 – Understand difference & diversity issues to develop empathic understanding:

Learning outcome 4 – Work within a user-centred approach to counselling:

Learning outcome 5 – Use counselling theory to develop self-awareness in counselling practice:

Learning outcome 6 – Understanding theories of counselling and mental health:

Learning outcome 7 – Use feedback, reflection and supervision to support counselling studies: